

### **Puffin Class- Dance through nursery rhymes**

- ❖ Movement to music
- ❖ Imitation
- ❖ Decision making- use of choice board
- ❖ Shared attention
- ❖ Turn taking

#### **Main Learning Intention**

- ❖ **For all learners** to explore various movement skills and patterns to music to develop their balance, control and coordination. To generalise mastered targets including social skills into group settings.
- ❖ **For some learners** to develop independence within group settings and demonstrate musicality through being in time with the music.

### **Term 1 PE: Aesthetic Skills**



### **Otters, Hazel, Pine, Maple and Willow Class- Gymnastics**

- ❖ Body shapes
- ❖ Rolls- including log, teddy, forward, backward
- ❖ Flight- jumps and leaps
- ❖ Sequencing skills
- ❖ Gymnastic movements including handstand and headstand progressions.

#### **Main Learning Intention**

- ❖ **For all learners** to develop flexibility, balance, coordination and control. To generalise mastered targets including social skills into group settings.
- ❖ **For some learners** to become independent when completing gymnastic skills, sequences and routine. To develop creativity when exploring different skills, starting and ending positions. To perform their routine and work alongside their peers.

#### **Optional Home activities:**

- ❖ YouTube Videos – Yoga, dance sequences, gymnastic skills.
- ❖ Listening to a variety of music
- ❖ Clapping along to the music
- ❖ Exploration to music through singing, dancing, moving.
- ❖ Routine or sequence making